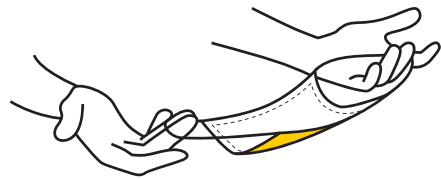# How to wear a face covering safely
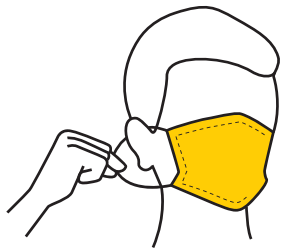
Putting on a face covering:

Clean your hands.

Before you put on your face covering, wash and dry your hands or use hand sanitiser.

Check your face covering.

Make sure it is clean, dry and not damaged.

Put on your face covering.

Place the face covering over your nose, mouth and chin, and place the loops over your ears to hold the mask in place.

Replace the face covering if it becomes damp, damaged or dirty.

Dispose of single-use face coverings in a rubbish bin. Or store your reuseable face covering in a plastic bag until you can wash it.

When wearing a face covering you should avoid:

Touching the front of your mask.

Touching your face.

Moving your face covering.

For updates and more information on staying safe, visit **Covid19.govt.nz**

New Zealand Government

Unite against COVID-19